

# BUILDING AN APPS AND SERVICES PROGRAM: THE UNIVERSITY OF UTAH EXPERIENCE

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#### UNIVERSITY OF UTAH HEALTH

- Clinical context
  - 4 hospitals, 10 community clinic centers
  - 1,100 physicians, 1.7 million annual visits
  - 34,000 annual discharges
- Technical context
  - Epic system-wide since 2014
  - On Epic 2017





#### OPPORTUNITY FOR INNOVATION

- Demand to explore creative ways of consuming EHR information
- Personalization of the EHR is a key factor to successful adoption - KLAS Arches Collaborative
- Epic, Cerner and other vendors are encouraging a paradigm where a large community of contributors can add functionality
- Beyond local and central Epic resources, we could harness the innovation of other local stakeholders, other institutions, and vendors



#### EHR DEVELOPMENT HISTORY

- Echart Repository
- Cerner PowerChart mPages
  - Critical Care Summary Nate Crandall and Nick Lonardo, Pharmacist
- PowerChart/EpicCare
   Bridge



#### The 2012 Innovator Awards Winners

Avera Sioux Falls, S.D. www.avera.org
Program: eEmergency

Cullman (Ala.) Regional Medical Center www.crmchospital.com
Program: Surgery Tracking Board Initiative

UPMC Mercy Pittsburgh www.upmc.com/locations/hospitals/mercy Program: Innovative Use of Smart Phones in the Clinical Setting

#### **The 2012 Innovator Awards Finalists**

Lehigh Valley Health Network Allentown, Pa. www.lvh.org
Program: Digital Pens for Emergency Care at the Raceway

Texas Health Resources Arlington www.texashealth.org
Program: Using Technology to Reduce Catheter-Associated Urinary Tract Infection

University of Utah Health Care Salt Lake City http://healthcare.utah.edu/hospii Program: Electronic Health Records Bridge



#### UNIVERSITY OF UTAH IAPPS INITIATIVE

- Acronym for Interoperable Apps and Services
- Goal: improve patient care and the provider experience through innovative, interoperable extensions of native Epic functionality
- Multi-stakeholder initiative started by University of Utah in 2016



#### GOVERNANCE AND RESOURCING

- Steering committee co-chaired by CIO & CMIO
  - Charged with overseeing strategy, prioritization, and resourcing
- Multi-disciplinary project team
  - IT and Informatics
  - GApp Lab (therapeutic gaming)
  - Clinical collaborators
  - External collaborators and consultants



#### INITIAL STRATEGY

- Gain experience with initial implementations
- Complete a few projects end-to-end prior to widely soliciting for potential projects
- Establish processes and resources for efficient development, deployment, support, and eventual retirement of apps and services
- Educate and empower various stakeholders to effectively provide value
- Ensure security as an essential priority



#### CONSIDERATIONS FOR PRIORITIZATION

- Does Epic already do this well?
- Will Epic tackle this problem soon?
- Are there existing operational practices that will be changed? Do they want to change?
- What is the likely clinical impact?
- What is the likely financial impact?
- Is there a committed clinical champion?
- Are there additional resources available?
- How hard will it be to implement?



#### IMPLEMENTATION CONSIDERATIONS

#### Software

- Open.epic.com
- Utilized existing hyperspace development environment as a sandbox (liberal access)
- Standard change control processes once beyond the proof of concept phase

#### People

- Identified an IT team liaison to facilitate requests across multiple Epic Teams
- Utilize key resources for short time periods to explore ideas or answer questions
- Consider long term support options



#### SECURITY / INFRASTRUCTURE

- Independent code review
- Third party code audit
- Currently focused on implementations inside the firewall
- Environments strategy that supports volume testing



#### EXPERIENCE / THOUGHTS / WORRIES

- Embedding tools in the right context
- Small vendors' adoption of FHIR; prefer HL7 and Vendor Specific Extracts
- No shortage of ideas / picking the right projects for limited resources





# BUILDING AN APPS AND SERVICES PROGRAM: TECHNICAL DETAILS AND CASE STUDIES

KENSAKU KAWAMOTO, MD, PHD, MHS ASSOCIATE CHIEF MEDICAL INFORMATION OFFICER ASSISTANT PROFESSOR, BIOMEDICAL INFORMATICS

#### DISCLOSURES

- In the past year, KK has been a consultant or sponsored researcher on clinical decision support for ONC, Hitachi, and McKesson InterQual
- While there are no concrete plans, one or more of the apps and services described may be commercialized in the future to enable wider impact



#### APPROACH TO DATA: NATIVE + CUSTOM FHIR

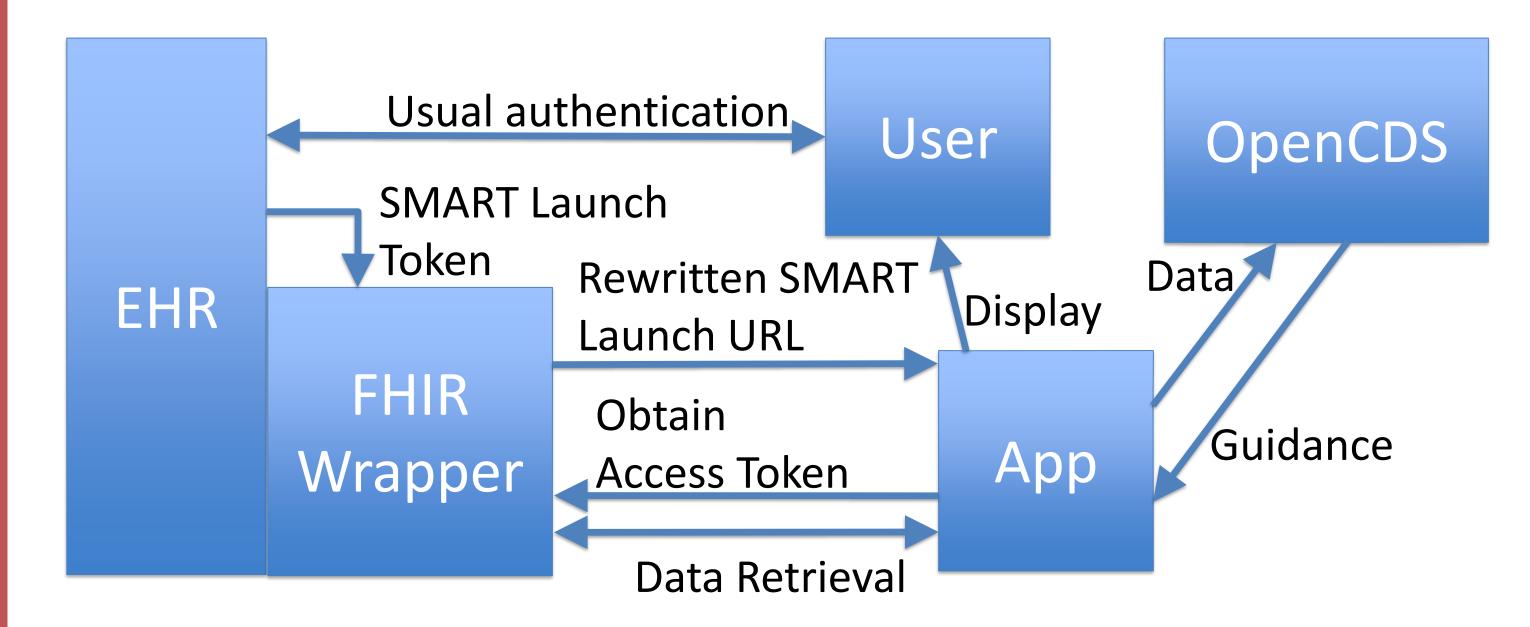
Epic Chronicles Database Epic APIs
(FHIR,
other)

Custom
Web Service
APIs

FHIR Wrapper

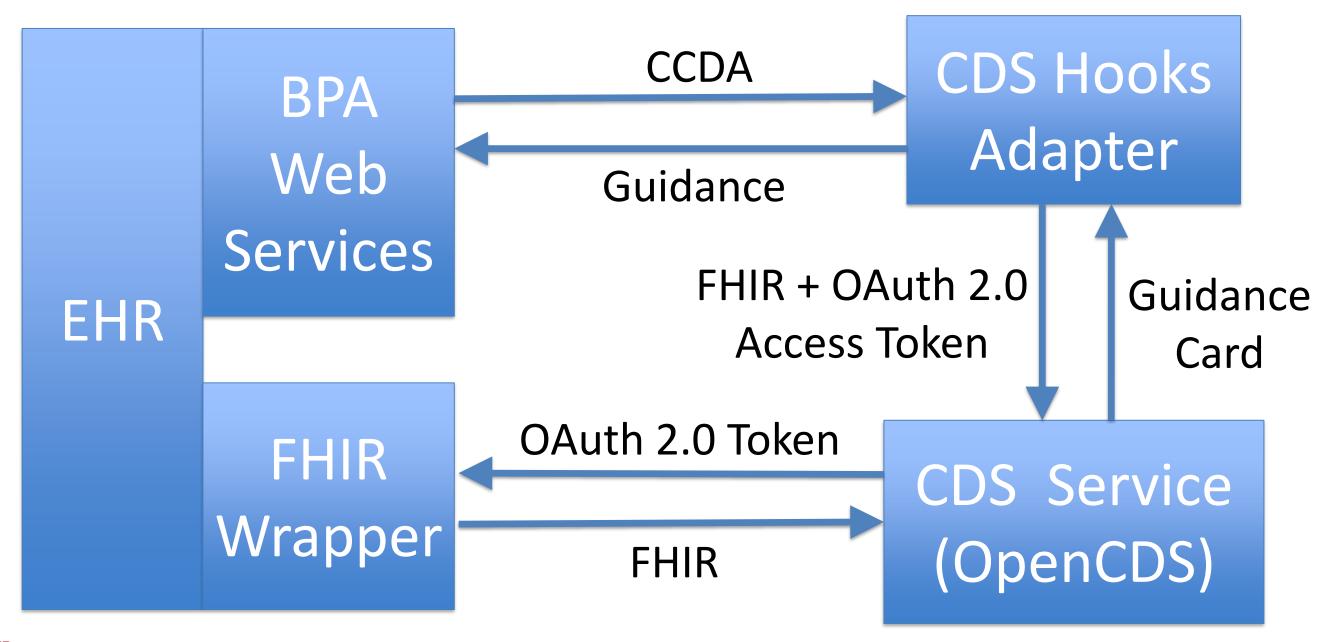


#### APP FRAMEWORK: SMART





#### CDS SERVICE FRAMEWORK: CDS HOOKS

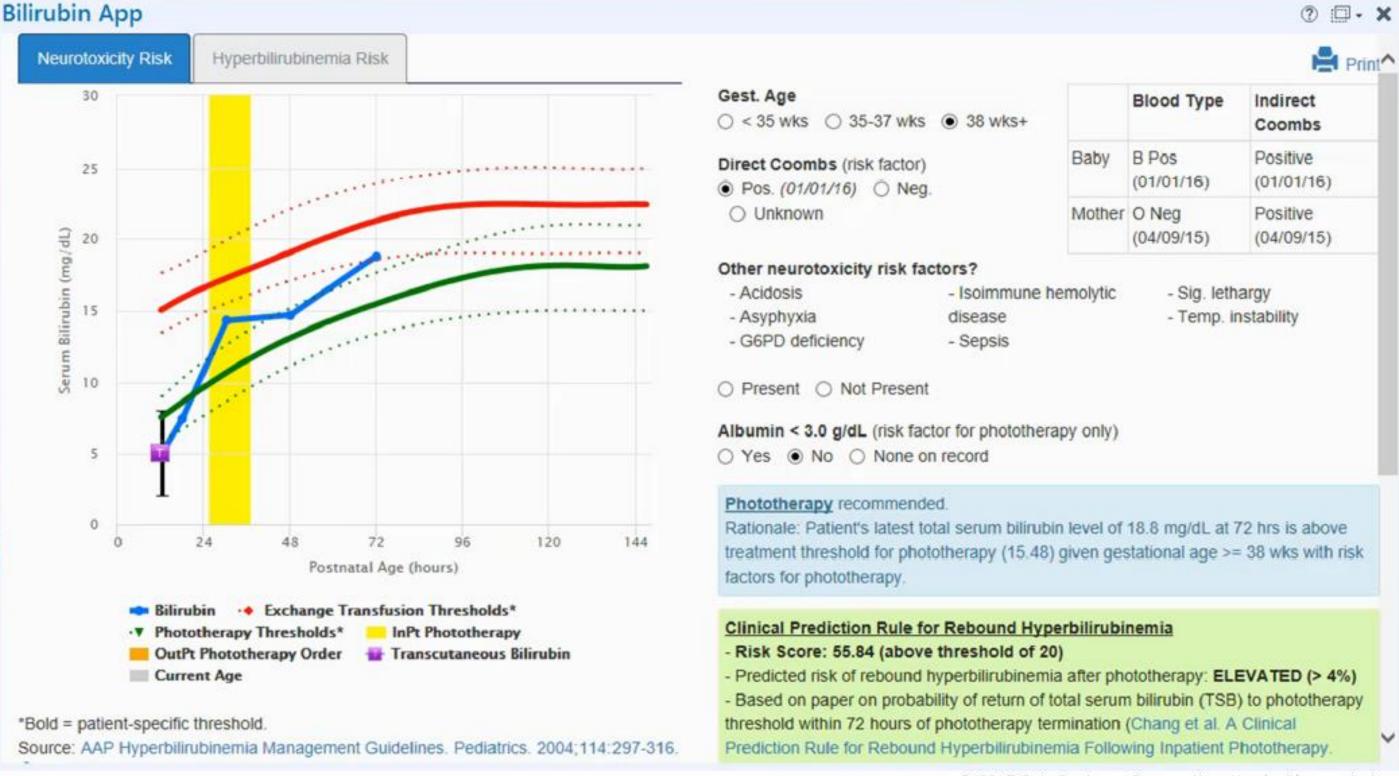




#### NEONATAL BILIRUBIN APP

- Goal: improve neonatal bilirubin management and prevent neurotoxicity
- Physician champions:
  - Carole Stipelman, MD, MPH
  - Julie Shakib, DO, MPH
- Iteratively enhanced based on user requests
- Estimated to save >300 hrs of MD time/yr
- Awarded HHS Provider User Experience App Challenge Awards (<u>link</u>)





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#### PROCEDURE SCHEDULE MANAGEMENT APP

- Goal: enable efficient procedure scheduling based on available capacity
- Physician champion: Howard Weeks, MD
- Initial focus: electroconvulsive therapy (ECT)
- Support for custom capacity rules and manual over-rides



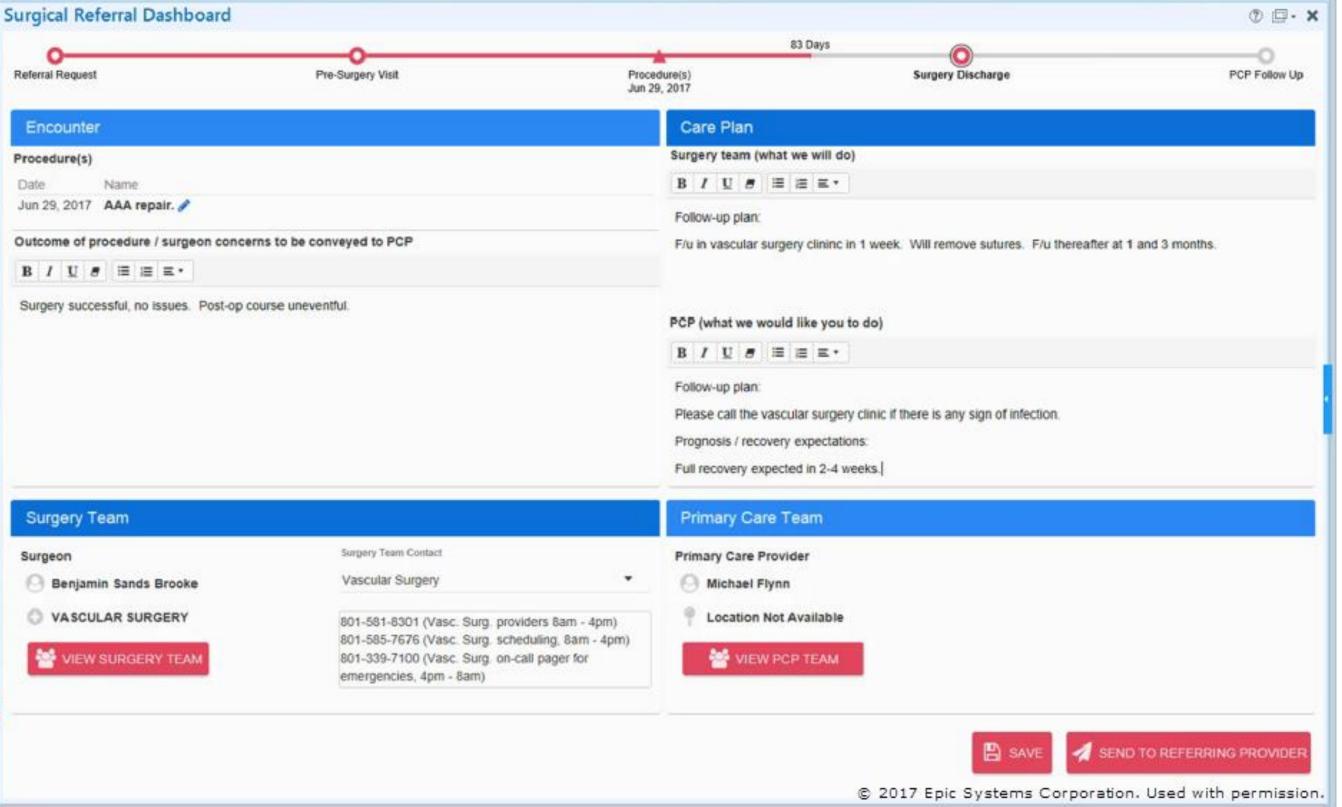




#### SURGICAL REFERRAL DASHBOARD

- Goal: enhance communication between surgeons and referring providers
- Physician champion: Ben Brooke, MD, PhD
- Builds on prior research on information needs and issues with traditional approach
- ONC High Impact Pilot (Pls: Brooke, Del Fiol)
- Covers PCP → surgeon and surgeon → PCP communication





#### MEDIGARDEN

- Goal: improve medication compliance through gamification
- Smartphone app developed by Therapeutic Games and Apps (GApp) Lab
- PI: Roger Altizer







#### OPIOID DECISION SUPPORT

- Goal: provide point-of-care decision support for opioid use and pain management
- Physician champions:
  - Jill Sindt, MD

David Anisman, MD

- Scott Junkins, MD
- CDC support
- External partners: Yale, Houston Methodist, ONC



#### BestPractice Advisory - Opioid, Test

Maximum morphine equivalent daily dose (MEDD) is **545** mg/day (PRN meds assumed to be taken at maximum allowed frequency). Taper to < 50.

Active Opioid Rx	Max MED							
[ New ] Oxycodone Hydrochloride 5 MG Oral Tablet								
> Sig: 5 mg Oral Every 4 hours as needed								
> Daily dose: Oxycodone Oral Tablet 6/d * 5 mg = 30 mg. Morphine equivalence: 1.5x.								
72 HR Fentanyl 0.1 MG/HR Transdermal System								
Sig: Apply 1 patch to the skin Every 72 hours.								
> Prescriber: Michael Flynn, MD. Rx date: 2017-09-19.	240 mg							
> Dispense: 30 patches. Refills: 0. Expected supply duration: through 2017-12-17.								
> Daily dose: Fentanyl patch: 1 * 0.1 mg/hr = 0.1 mg/hr. Morphine equivalence: 2400x.								
Buprenorphine 2 MG Sublingual Tablet								
> Sig: Place 2 mg under the tongue 2 times a day.	420							
> Prescriber: HISTORICAL, MEDS.	120 mg							
> Daily dose: Buprenorphine Sublingual Tablet 2/d * 2 mg = 4 mg. Morphine equivalence: 30x.								
Methadone Hydrochloride 10 MG Oral Tablet								
Sig: Take 0.5 tablets by mouth Every 6 hours as needed for pain for up to 180 days.								
> Prescriber: Michael Flynn, MD. Rx date: 2017-09-19.	80 mg							
> Dispense: 360 tablets. Refills: 0. Expected supply duration: through 2017-12-30.	Parameter.							
> Daily dose: Methadone Oral Tablet 4/d * 5 mg = 20 mg. Morphine equivalence: 4x.								
Oxycodone Hydrochloride 5 MG Oral Capsule								
> Sig: Take 2 capsules by mouth Every 6 hours as needed.								
> Prescriber: Michael Flynn, MD. Rx date: 2017-09-19.	60 mg							
> Dispense: 180 capsules. Refills: 0. Expected supply duration: through 2017-06-23.								
> Daily dose: Oxycodone Oral Capsule 4/d * 10 mg = 40 mg. Morphine equivalence: 1.5x.								
Total	545 mg							

CDC opioid recommendation #5
MME conversion table

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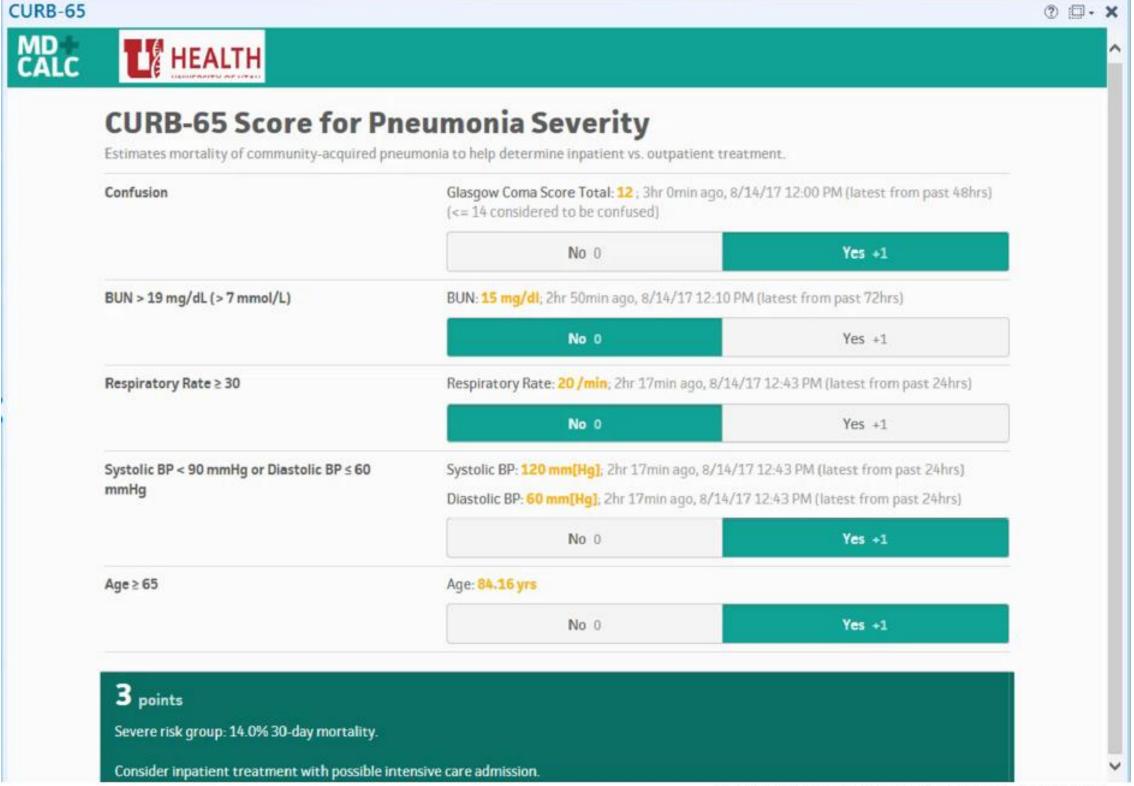
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#### MDCALC EHR INTEGRATION

- Goal: enable seamless integration of medical calculations within clinical workflows
- Physician champions: Mike Strong, MD + many others
- MDCalc: leading medical calculation tool
  - > 1 million monthly users from 196 countries
  - 35+ specialties, 200+ conditions







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#### **EVALUATION**

- Critical for understanding impact and demonstrating ROI
  - Use
  - Satisfaction
  - Clinical and financial impact
- Challenging to prioritize
- High synergy with research



#### LESSONS LEARNED AND KEY QUESTION

#### Lessons learned

- Interoperability of FHIR interfaces across EHR vendors still in early stages
- Custom FHIR interfaces needed in many cases; need to figure out how to best share across institutions and EHR vendor platforms

#### Key question

- How can we best collaborate across organizations on interoperable apps and services to improve patient care and the provider experience?



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- Travis Gregory
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- Wesley Sargent, EdD
- Yi Lu



# The New Frontier of Interoperable Apps and Services at Intermountain Healthcare

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Intermountain Healthcare

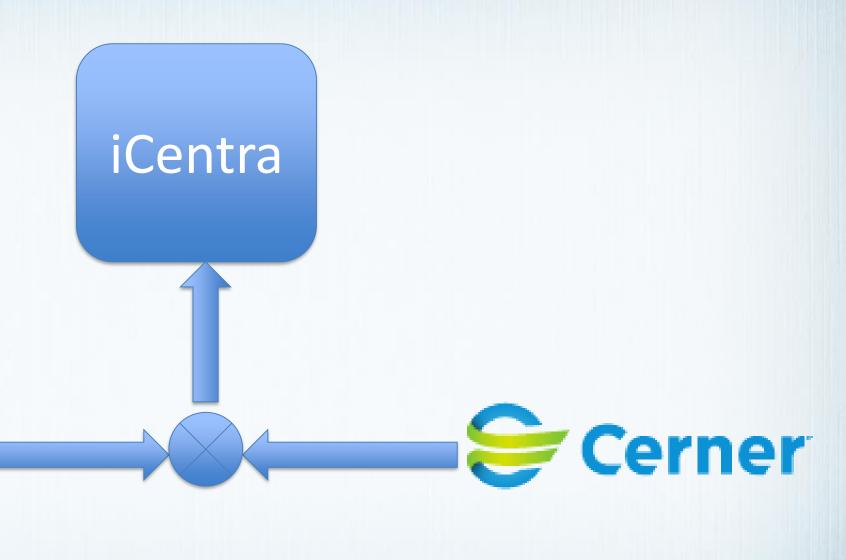


#### Intermountain Healthcare

- Integrated Health Delivery Organization
  - HQ in Salt Lake City, UT
  - Spans all of Utah and Southern Idaho
- 22 Hospitals, 185+ clinics
- Strong Hx of Informatics Innovation (Homegrown solutions)



#### In the beginning (or about Nov. 2013)...







### In the beginning (or about Nov. 2013)...

- Create an open, standardsbased API to iCentra
- Support standards efforts for interoperability



- 5-year mission
- A Fistful of Dollars



#### Coincidentally...



- DSTU 1 published by HL7 in Feb 2014
- Intermountain & Cerner agree on FHIR as API standard



- Intermountain & Cerner agree on SMART as app interop standard
- Joint support for SMART on FHIR
- Participation (w/ other vendors) at HIMSS 2014, demonstrating interoperable SMART on FHIR apps



#### How are (were) we working together?

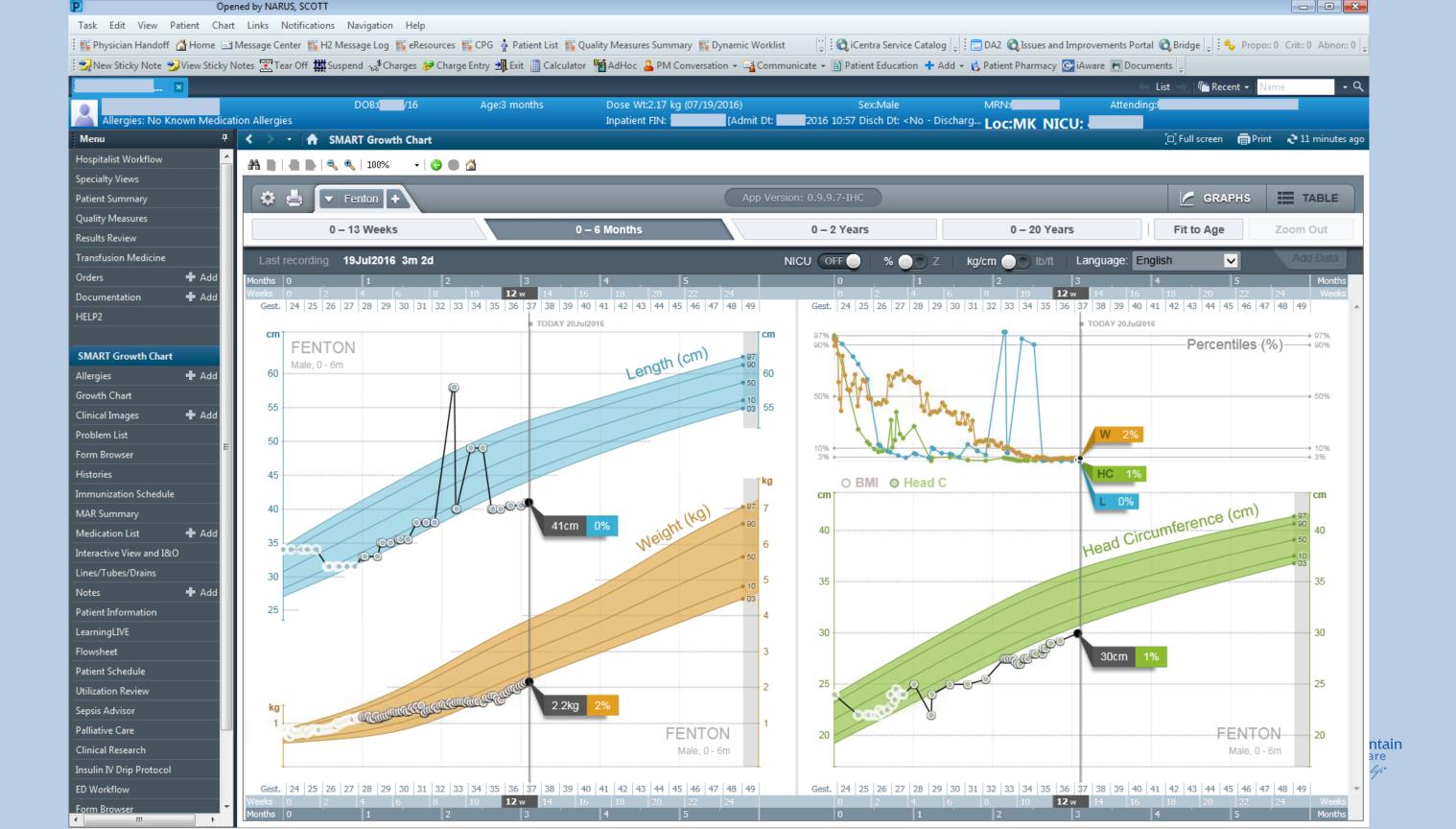
- Joint oversight committee
- Weekly & Monthly meetings
- Project approval process
- Cerner develops FHIR services
- Intermountain develops requirements, FHIR profiles, apps
  - Cerner helps with FHIR resource (data) mapping
- Participation with Argonauts
- HIMSS coordination
- "Think Days"

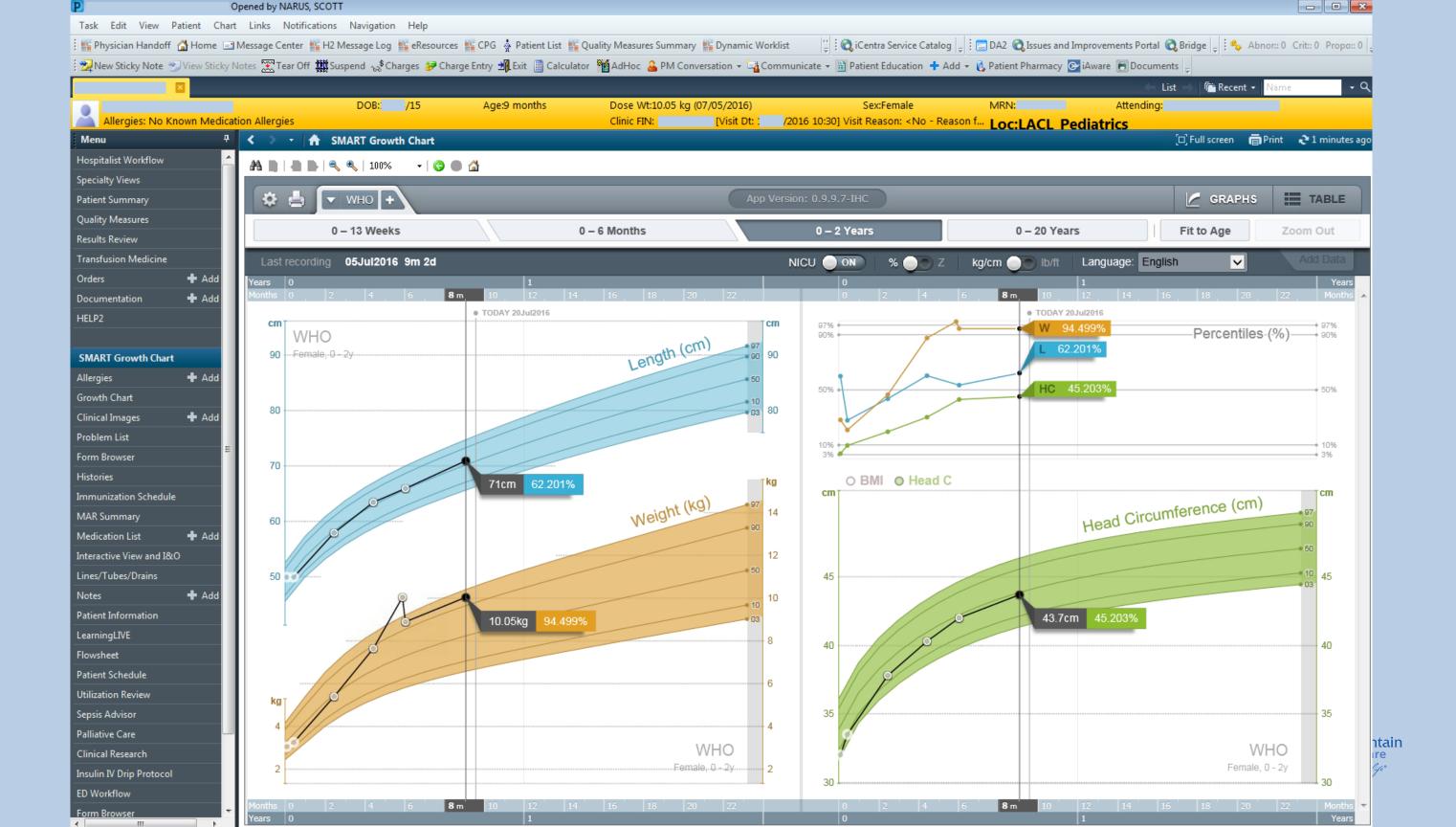


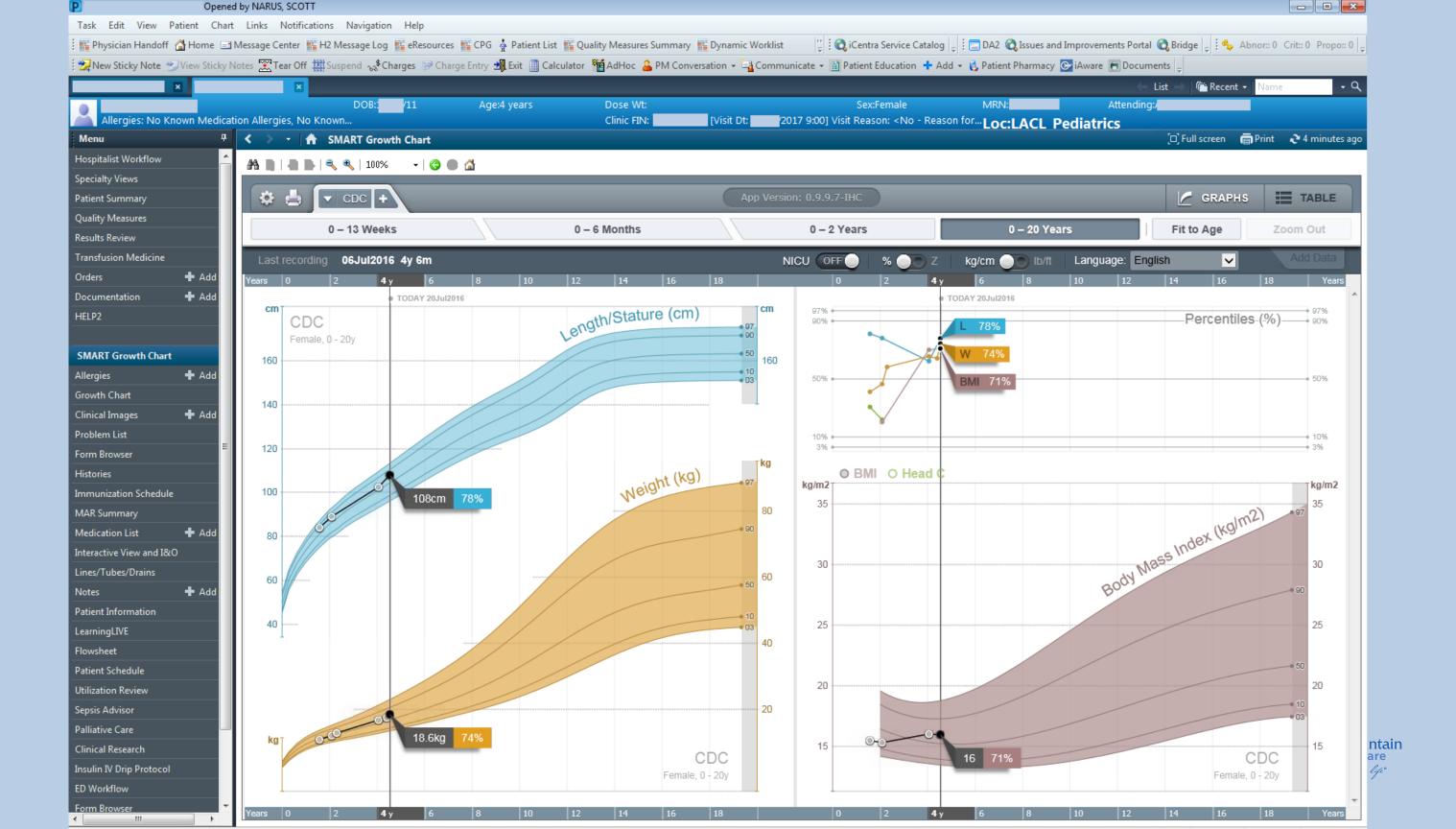
## Accomplishments

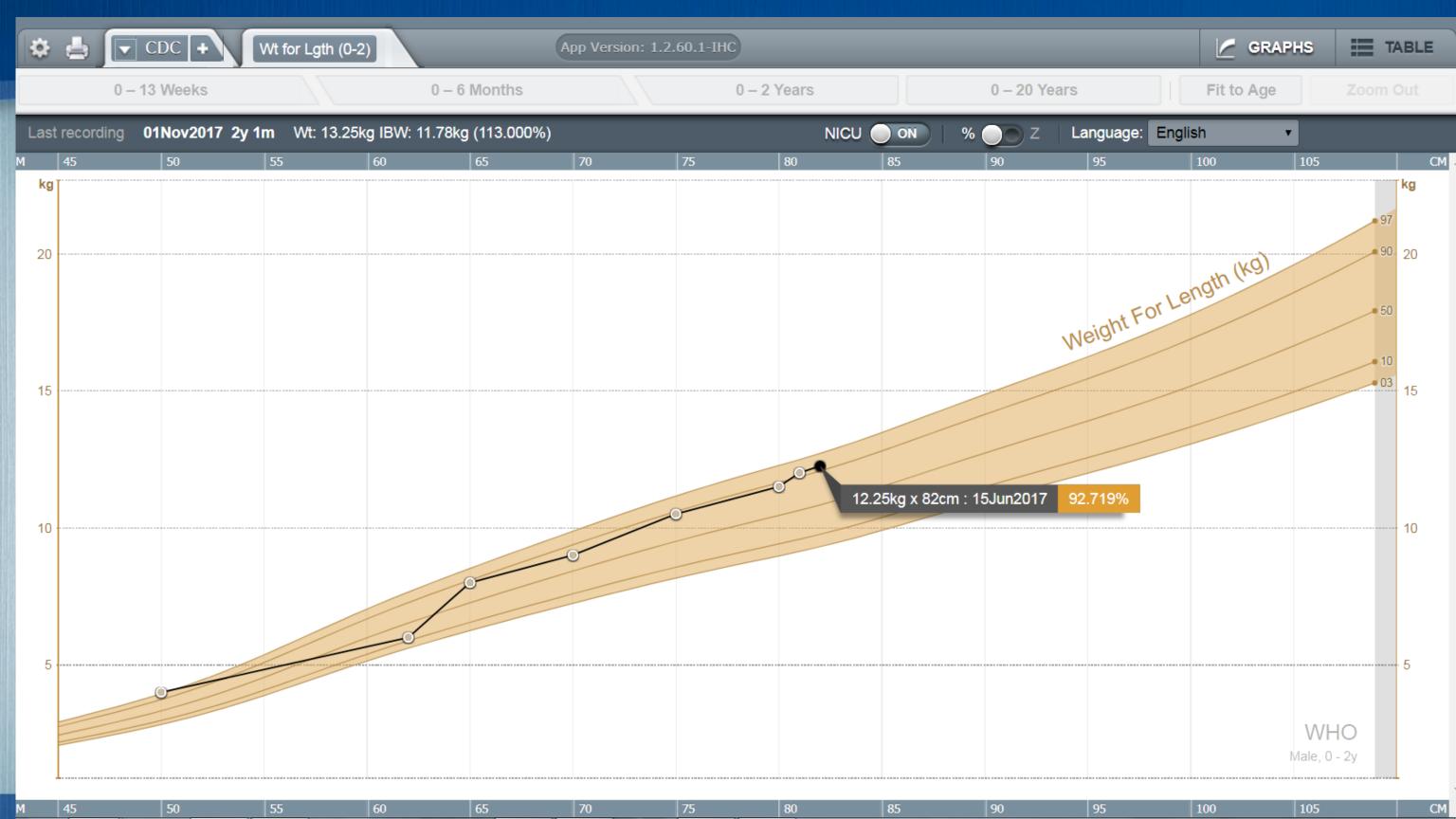
- FHIR DSTU 2 development and production servers
- OAuth support
- SMART app integration in iCentra
- Production release of 2 FHIR-based apps
- Use of FHIR resources for HIE support
- Implementation of Pub/Sub services\*

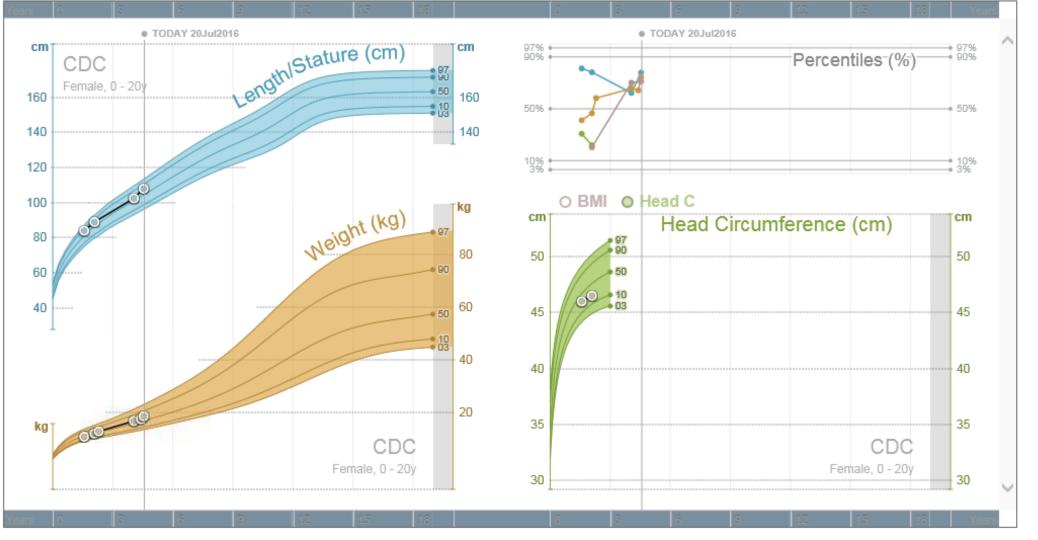












Date	Age	Length			Weight				Head C				вмі	Bone Age	
		Value	Percentile	Z Score	Velocity	Value	Percentile	Z Score	Velocity	Value	Percentile	Z Score	Velocity	DIVII	Dolle Age
06Jul2016	4y 6m	108cm	78	0.8	11.4cm/yr	18.6kg	74	0.7	8.2kg/yr					16	
18May2016	4y 4m					17.5kg	64	0.4	2kg/yr						
13Jan2016	4y 2w	102.5cm	62	0.3	6.9cm/yr	16.8kg	66	0.4	2.2kg/yr					16	
09Apr2014	2y 3m					12.9kg	58	0.2	3.8kg/yr						
24Jan2014	2y 1m	89cm	78	0.8	9.7cm/yr	12.1kg	46	-0.1	2.3kg/yr	46.5cm	22	-0.8	1cm/yr	15.3	
19Jul2013	1y 6m	84cm	81	0.9		10.9kg	41	-0.2		46cm	31	-0.5		15.5	





#### The Good, The Bad, and The Ugly...

- Successful release of production apps
- Cerner provides a fairly robust set of FHIR resources
- Have demonstrated interoperability of apps
- Vendors are cautious & conservative at this point
- Open source apps are NOT free
- Data are not always where you think they are, and they don't always come back as expected
  - Need true semantic interoperability
- Printing & IE plugin



#### THANK YOU!

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#### DISCUSSION QUESTIONS

- What have you done?
- What apps/services would you find most useful?
- What barriers do you see at your institution?
- How responsive have your vendors been to this approach?
- Any tips/tricks you'd like to share?
- What pitfalls do you see to this vision?
- Where do you think we are in the hype curve?

